



Tēnā koutou katoa, Talofa Lava, Bula Vinaka, Mālō e Lelei, Fakalofa lahi atu, Nihao, Namaste, Kia orana, Assalamu Alaikum, Nihao, warm greetings to you all.

Bikes in Schools

On Monday and Friday this week Puketāpapa Cycle Haven and Auckland Transport have been onsite with us. They are coaching us on how to be safer and feel more comfortable when biking to school. They would like to encourage more of our ākongā to cycle to school.



Futsal

The boys Central Zone Futsal Tournament was held on Monday 6th May. The sports arena was constantly filled with thunderous applause and electrifying energy. The boys showcased their prowess with fancy footwork, weaving through opponents with might and skill. Cheers echoed as every goal celebrated teamwork and determination, a testament to the boy's sporting spirit. By Miss Peterson



Property Update

We are excited to see our playground starting to take shape! We will invite you all to an opening for our playground once we have a date for completion. The safety matting is still to go in and is weather dependent, so we need several days of fine weather to get it completed.

We are finishing the re-installation of our shelters and some new asphalt in the area where our building was demolished, and then we should be able to open up our fences and have less restrictions on movement through the school.





New Learning Assistants

Today we introduce Emily and Ben, new Learning Assistants who have joined the Wēteri whānau. Welcome to Wesley Intermediate!

Emily Beaumont

When I'm reading, I read books about art and music.

When I'm not at school I am painting, walking my dog, or listening to music.



Ben Frater (Matua Ben)

When I'm reading, I read biographies, history and fantasy.

When I'm not at school I am playing drums in various musical ensembles.



New Deputy Principal

I am very pleased to announce that we have appointed a new Deputy Principal.

We have appointed Raegan O'Malley. Raegan is currently at Hobsonville Point Secondary School where she is a Learning Community Leader, an English Teacher and a Within School Kāhui Ako Leader.

We will welcome Raegan with a pōwhiri at the beginning of Term 3.

Rachael Botica and Raegan will both be known as Deputy Principals from now on, Rachael as DP SENCo and Raegan as DP Curriculum.

Here is an introductory blurb from Raegan:

Tēnā koutou katoa
Ko Aerana te whakapaparanga mai
Ko Kaipara te whenua tapu
Ko Ripiro te Kāinga
Kei Waitākere au e noho ana
Ko Raegan O'Malley toku ingoa.
Tēnā tātou katoa.

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I'm excited to be joining the Wesley Intermediate whānau in the Senior Leadership team. I have been a yr 7-13 teacher for 23 years. At the heart of my teaching and leadership philosophy is my passionate drive to be a compassionate and credible leader who creates a culture of belonging.

"Take care of our children. Take care of what they hear, take care of what they see, take care of what they feel. For how the children grow, so will be the shape of Aotearoa."

Dame Whina Cooper



IMPORTANT DATES

Board Meeting	28 May, 4:30pm
Samoa Language Week	26 May-1 June
Staff Only Day	31 May
King's Birthday Holiday	3 June
Community Connect Evening	6 June
Kiribati Language Week	9-13 June
Matariki Stargazing & Breakfast	21 June
Board Meeting	25 June, 4:30pm
Matariki Celebration & Hangi	26 June
Matariki Holiday	28 June
Last Day Term 2	5 July

Please note that there is a Staff Only Day on 31 May, thank you for your support keeping your child at home.

CENTRAL ZONE SPORTS THIS TERM

Y7&8 Girls' Football	28 May
Y7&8 Boys' Football	30 May
Table Tennis	20 June



NeuroScience Approach

We take a neuroscience, trauma-informed approach to responding to behaviour here at Wesley Intermediate. A key part of this is understanding the concept of GREEN brain.

We know that all the good things in life happen when we have access to the GREEN brain or the cortex. In that part of the brain we know our tamariki are calm and regulated, can be social and connect with others, have the ability to learn, they can plan ahead and think about tomorrow, next month, next year. They also have access to the concept of cause and effect.

If anything dysregulates us, upsets us, frustrates us, startles us, challenges us, or makes us feel unsafe, we automatically drop down to the lower parts of our brain. If we hit the limbic system, our emotional brain, we start losing access to memory and cause and effect doesn't really exist. If we drop even lower to our brain stem, we are in survival mode: fight, flight, freeze. In survival mode nothing in the GREEN brain exists!

Often when we ask students or our children at home why they did something, they typically respond with, 'I don't know.'

Scientifically that is accurate. So as adults we need to be aware of this and also aware of how we respond because often we can become just as dysregulated as the students/child. We shift down to our emotional brain too, and our reactions are not going to be great.

We know that we need to find ways to get our students and ourselves into the GREEN brain, and one of the best ways to do that is breathwork: intentional breathing sequences which can help us go from dysregulation to regulation really quickly.

Starting every day with our Wēteri Flow is teaching our ākonga an intentional breathing sequence which they can use at other times as needed. Ask your child to show you their favourite breathing exercise from the flow!

Pink Shirt Day

It was great to see so many ākonga wearing pink today to support anti-bullying. "Speak up, stand together, stop bullying"



Author Visit

On Tuesday morning this week, we were visited by children's author and publisher Dahlia Malaueulu. Dahlia spent a learning session with 35 of our Pasifika ākonga, discussing Pasifika children's literature, the history and identity of Pasifika people in Aotearoa, as well as brainstorming ideas around navigation, community and ancestry. She also conducted a writing exercise where students wrote letters to their ancestors. Fa'afetai Dahlia for the inspiring workshop and Auckland Writers Festival for sponsoring this visit and donating wellbeing journals to our kura.



School Camp 2024 - Save the Date!

Our school camp this year will be at CYC Ngaruawahia, from 11-13 September. More information to come!



Central Zone Rugby

Yesterday, 19 boys headed off to Avondale Racecourse for the CZ Open Boys Rugby competition with high spirits. Unfortunately, despite putting up a good fight in the rain, the boys - much like the short lived gazebo - couldn't quite manage in the wind and rain. They went down 0-5 to Kōwhai with only one try scored in a tight tussle between evenly matched teams. The next game saw an improvement in the weather, the performance, and the outcome with a solid win over local rivals Mt Roskill Intermediate, winning 4 tries to nil, and 22-0.

The boys spirits lifted and they couldn't get enough time on the food with subs instantly asking to be put back on. Unfortunately, that enthusiasm didn't continue into the next game as the boys realised it was bogey team St Peters and they went into it with a defeated mindset and couldn't get motivated for it. A 5-32 loss, but being the first team to put points up against the favourites.

The loss saw the boys in the playoffs for 5th to 8th and got a favourable match against Waikowhai, with a shaky start turning into another solid and dominant performance for a good win. This led to the 5/6 match against Royal Oak and whilst expectations were high to begin with, after 4 big games, the cold weather, and enjoying the time between matches, there just wasn't quite enough juice left in the tank and the boys couldn't find the energy to compete. A great effort and some stand out performances and great contributions from all. A hard-earned, if not reflective of potential, 6th but some happy and tired lads back on the bus home.

The girls team had an electrifying day. They showed excellent sportsmanship, whanaungatanga and resilience. Although they didn't come away with the result they wanted, they were thrilled with their progress, increase in skills, knowledge and experience about the game. Overall it was a successful day for all.

By Ms Hemehema and Mr Whitley

